



Leadership News

Spring has sprung! We have had a lot of rain over the last few weeks and are looking forward to the sunshine. As a Sun Smart School, all students are required to wear a wide brimmed hat to play in the school yard. Hats can be purchased from the front office for \$8.00.

It was wonderful to welcome families in to celebrate **Grandparents' Day** last week. They started by watching the Book week costume parade and then spent some time with children in their classrooms. This was followed by a morning tea where our instrumental students performed in the courtyard. It was a fantastic morning enjoyed by all.



Next Thursday, 7th September is **Market Day**. Each year students hold an annual market day, where they have prepared stalls that sell drinks and food, candles, keychains, tote bags, playdough and many more. You can support this fundraiser by sending your children with small amounts of cash to purchase a product or play an arcade style game. Pre-orders will be given to students on the day. Please bring between \$2-\$5 on the day. The Year 6 classes would like to thank you for your support in advance!

This week is **SSO week**. A big thank you to all of our amazing, hardworking SSOs for all the support they give to our students at The Pines.

In a few weeks our year 5-6 choir students will be singing on the Festival Theatre stage in Adelaide with approximately 400 of their peers in the Primary Schools Festival of Music. We also have 2 Tournament of the Minds (TOM) teams presenting their STEM challenges at Adelaide High School. We would like to wish you all the best of luck!

Sports Day will be held in week 9 on Thursday, 21st September. We look forward to seeing everyone dressed up in their house colours!

Congratulations to our new House Captains and Vice-Captains for 2023.

	BLUE	GREEN	RED	YELLOW
CAPTAINS	Ethan	Deepika	Kai	Yaksh
	Liam	Sophie	Hyacinth	Brayden
VICE CAPTAINS	Braxton	Aditya	Damien	Sarah
	Teanah	Sulaiman	Huong Lan	Ryder

We encourage you to register for the Thriving Kids and Parents School Project for 3 free positive parenting online seminars. There are more details attached in this newsletter. If you have any further questions, please see Sonia K in the office.

Please remember that tomorrow is a Pupil Free Day and Monday is a School Closure Day. OSHC will be open on both days for children to attend if needed.



**Dates to
Remember**

2023

Term 3

Week 6

1 September

Pupil Free Day

Week 7

4 September

**School Closure
Day**

5 September

Year 6 Transition
visit to
Parafield Gardens
High School
(half day)

7 September

Market Day



Week 9

21 September



Principal

Mrs Cherie Collings

Deputy Principal

Mr Sam Konnis

Assistant Principal

Mrs Toulia Girgolas

The Pines School

42 Andrew Smith Drive

Parafield Gardens SA 5107

Phone: 8281 2199

Fax: 8281 5858

E-mail:

dl.1777.info@schools.sa.edu.au

Web: www.thepines.sa.edu.au

Wellbeing Corner



The Thriving Kids and Parents School Project:

Our school has registered to participate in the Australian Government funded 'Thriving Kids and Parents School Project'. This project has been approved by the Department of Education in South Australia. It is currently being rolled out in over 300 primary schools in Queensland, South Australia and Victoria.

All families will be invited to participate in three free online seminars on positive parenting in a few weeks. This project consists of high quality, evidenced based parenting programs to support parents and schools develop a shared language and a toolbox of strategies to support every child's learning and wellbeing.

These seminars will provide parents with strategies to:

- Guide their child's behaviour and develop their self-regulation
- Develop their child's emotional regulation and manage everyday anxiety
- Develop healthy peer relationships, build resilience and prevent bullying

Please see the website below if you would like to find out more information about this project. We will keep you posted about how to register a bit closer to the seminar time and will give you a link to register.



THE THRIVING KIDS & PARENTS SCHOOL PROJECT



Web: <https://able.adelaide.edu.au/education/thriving-kids-and-parents/>

Introducing University of South Australia Social Work Students

Hello, my name is Namya Jain. I'm currently studying Master of Social Work at University of South Australia to be a social worker. I'm here at Pines primary school till Mid-December. I have a background in psychology and have worked with children before. I hope to be a mental health worker one day.

I love to bake pies, cakes, and cookies, going to the beach, watching series, and reading novels when I have some time to myself.

I'm here to help children making more friends, learning, social skills, personal goals and have a great experience at school!

Having lots of nieces and nephews, I've always loved being around children and I'm very excited to be here. I hope to learn a lot from my placement here and develop skills. If you see me around, please say hello as I would love to have a little chat.



My name is Sheyona and I'm one of the social work students from the University of South Australia, I'm privileged to be part of this institution for this term as my placement. Guided by the belief that every child deserves to flourish, I am thrilled to collaborate with Teachers, SSOs, Well-being leaders, and fellow students to support and uplift each unique individual. Through this experience, I aim to embrace the challenges, celebrate the triumphs, and foster a sense of belonging that allows students to thrive. My goal is to contribute to the nurturing environment that The Pines so beautifully cultivates, fostering not only academic but also emotional well-being. In my spare time, I enjoy reading, photography, listening to music, and finding calm by the beach.

If ever you see me on campus, please don't hesitate to strike up a conversation or even just a hello, I would love to meet you!



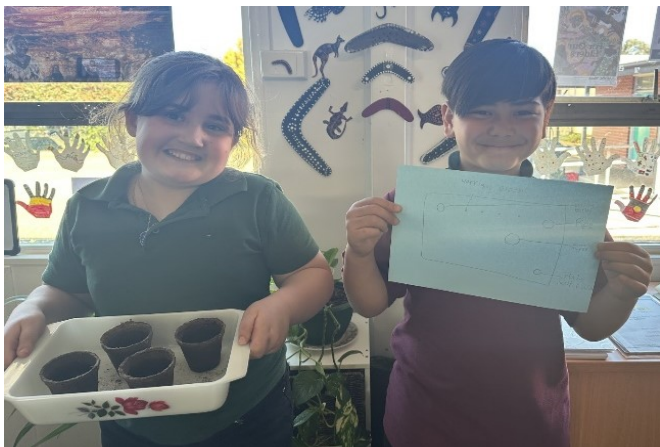
Kaurna Grub

Wicking Bed Update



Have you noticed the new plants in our Kaurna Grub wicking garden bed? Earlier this year, our school received a Junior Landcare Grant to install a wicking bed in our courtyard and plant some native edible plants. This term, some of the students that are part of our Aboriginal Education program have started planting in our Kaurna Grub garden. The plants you will see growing there are:

- **Warrigal Greens** is a leafy green plant can be used like spinach. This plant is best eaten cooked.
- **Lemon Myrtle** leaves that can be used in lots of recipes, including baking to add a delicious lemon flavour.
- **Midyim Berry** is a small plant with delicious edible berries that can be eaten fresh off the plant. We can't wait to try these!
- **Ruby Saltbush** has small salty-sweet berries that can be eaten raw. The leaves can also be eaten when cooked.
- **Appleberry** is a small plant with edible fruit. The small fruit look a bit like an olive, with the texture of an apple and with a mixed flavour of stewed apples and kiwi fruit. Another one we can't wait to taste for ourselves!



Please enjoy these pictures of Sophia and Nate from Room 15 and Richie from Room 34 with Miss Phillips who planted the young plants and seeds.

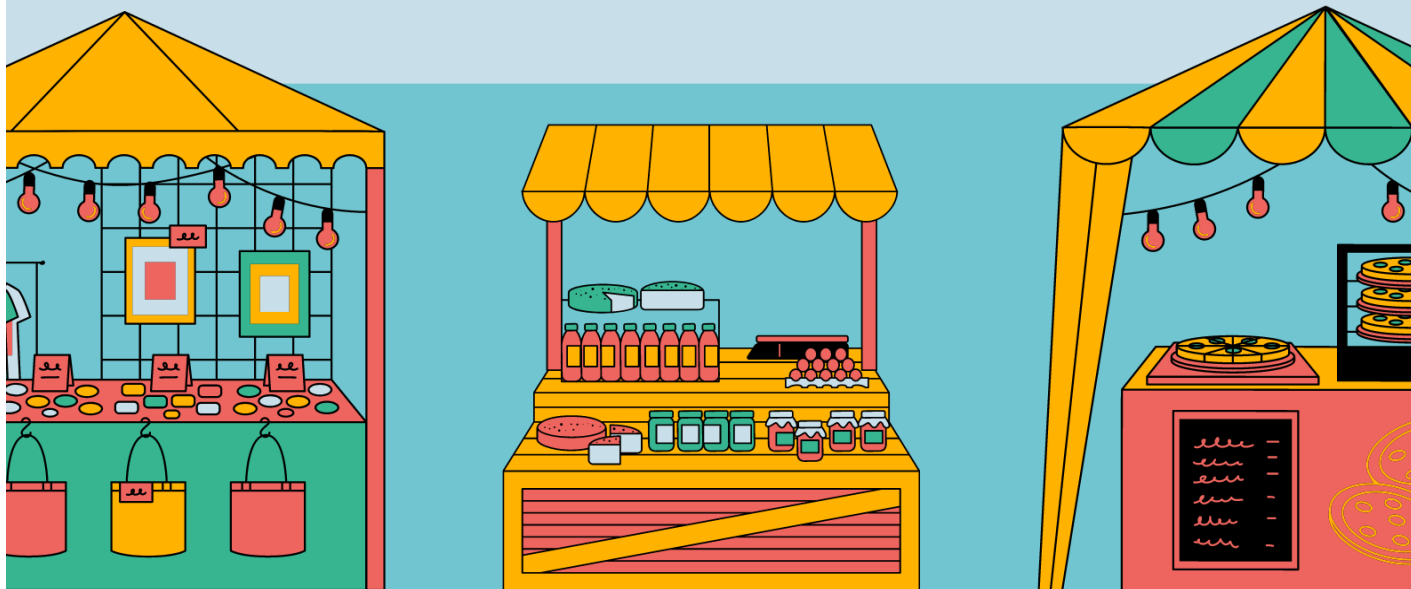


THE YEAR 6 STUDENTS PRESENT

THE PINES MARKET DAY 2023

WHEN: THURSDAY 7TH SEPTEMBER (WEEK 7)
WHERE: THE HALL

**FOOD & DRINK STALLS / GAMES & PRIZES /
KEYCHAINS / TOTE BAGS / CANDLES / BADGES
/ FRAMES / PLAYDOUGH / & MANY MORE**



PRICES VARY FROM \$2 - \$5

**CUSTOMERS THAT HAVE PURCHASED A PRE ORDER T-SHIRT AND/OR WOODEN
PLAQUE, YOU CAN COLLECT ON THE DAY WITH YOUR CLASS**

Cyber Safety

... a workshop for parents and caregivers about raising children in a digital age.

**Families
Growing
Together**

Cyber Safety is a FREE workshop designed to help parents and caregivers build a better understanding of the online world.

Our workshops are full of helpful information with a choice of simple, practical strategies that each family can adapt for their own parenting situations.

Topics to support your parenting include:

- 🔗 The “big issues” in the online space such as grooming, cyberbullying, social networking, sharing images, games and apps
- 🔗 Where to go to get up to date, reputable information and support
- 🔗 Positive approaches to guiding children’s behaviour in a digital world

Our workshops are based on the latest parenting research and use information from Parenting SA.

Light refreshments and crèche provided.
(Bookings essential)



Where: Karrendi Primary School
15 Bradman Rd Parafield Gardens
When: Thursday 21st September 2023
Time: 9.30am-12.00pm
To book: Cassandra Wills
M: 0448 792 817 **E:** cassandra.wills@novita.org.au

Everyone is welcome, bookings essential.
Please arrive 10 minutes early to register.
Delivered by the Department of Human Services.



Government
of South Australia
Department of Human Services

COMMUNITY NEWS

**Enrol now for
Term 1, 2024!**



**The Pines
Preschool**

When can my child start Preschool?

Your child can start preschool when they turn 4 years old between:

Term 1

1st November and 30th April

Term 3

1st May and 31st October

For more information visit education.sa.gov.au/parents-and-families



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CELEBRATING
50 YEARS
OF LITTLE ATHLETICS

ATHLETICS!
THE FOUNDATION FOR
ALL SPORTS

We are Fun!
Learn the fundamentals! Run, Jump, Throw and Play in a Fun, Family Friendly environment.

We are Family!
Everyone is welcome, if you're beginning your athletics journey, striving for the Olympics or just want to keep active, we will help you achieve your goal!

We are Salisbury!
You don't have to be the best, we just want you to do **YOUR** best!

OPENING MEET:
SATURDAY 16TH SEPTEMBER
TIME: 8:30AM START
CRAIG PH: 0402 335 374
TRACEY PH: 0418 858 834

SATURDAYS
AT BRIDGESTONE ATHLETICS CENTRE
FROST ROAD SALISBURY

